



*St. Louis Heart and Vascular, P.C.*

*Your heart is in great hands.*

## **ADENOSINE CARDIOLITE STRESS TEST**

**\*IF YOU NEED TO CANCEL YOUR TEST FOR ANY REASON, PLEASE CALL 314-741-0911 (DIAL EXT. 4024 AND LEAVE A DETAILED MESSAGE INCLUDING YOUR NAME AND TELEPHONE NUMBER) \***

Your doctor has scheduled you for an Adenosine Cardiolute Stress Test at our Christian NorthEast office located at 11155 Dunn Road, Suite 306E, St. Louis, MO on \_\_\_\_\_ at \_\_\_\_\_ am / pm.

### **DURING THE PROCEDURE YOU WILL:**

Have an IV started that will remain in place until the test is complete.

Be given 2 injections of a radiopharmaceutical through the IV.

Sit on a chair 2 separate times while a camera takes a pictures of your heart.

Be given a medicine called Adenosine that acts like exercise to your heart for the stress portion of your test.

The entire test will take at least 2-3 hours to complete.

**PLEASE CONTACT THE OFFICE IMMEDIATELY AT 314-741-0911 ex: 4024 IF YOU ARE UNABLE TO MAKE IT TO YOUR STRESS TEST.**

### **YOU MUST:**

Wear comfortable clothes and shoes.

Please do not wear cologne or perfume, but deodorant is acceptable.

You can eat breakfast as long as it is nothing greasy.

If you use inhalers for asthma or lung disease please bring them with you to the test.

**TAKE ALL MORNING MEDICATIONS**, except do not take **Aminophylline** or **Theophylline** for 24 hours prior to the test.

**DO NOT HAVE CAFFEINE FOR 12 HOURS PRIOR TO THE TEST THIS INCLUDES COFFEE, DECAF, SODA AND CHOCOLATE.**